



ANNUAL REPORT 2020







Rizwan Adatia
Foundation
Mozambique

ANNUAL REPORT 2020

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MESSAGE FROM THE CHAIRMAN



The year 2020 was one which will be deeply etched in our minds for a long time, as it brought us face to face with a health pandemic that tested our immunity, our resilience, our health infrastructures and public delivery systems, and economies at large. For a country like Mozambique that has limited resources, the year was particularly challenging, both for lives and livelihoods.

In the past several years, Rizwan Adatia Foundation in Mozambique brought about visible changes in under resourced areas spread across several provinces. In the year 2020, we re-prioritised sectoral interventions considering the pandemic situation which on one hand made it challenging to undertake work involving social contact, on the other hand it indicated the urgency to work on water and sanitation related issues of underserved communities, apart from responding with relevant humanitarian interventions, including strengthening safety nets. Rizwan Adatia Foundation took up these challenges.

I am happy to share with you the Annual Report, 2020 for Mozambique and congratulate the Mozambique team for its resilience and commitment towards RAF's mission for improving

the quality of life of marginalised communities. Despite the pandemic, we carried on the work, even with regular programmes such as health camps and cataract surgeries so that people do not suffer due to lack of access to appropriate health services.

It is important to state that impactful work could not have been possible without a strong donor support and programme partners such as various Government Ministries & Departments, technical and implementing partners and institutions such as health centres, schools, old age homes and orphanages that gave us access to communities. Such partnerships also create synergies and sustenance of interventions.

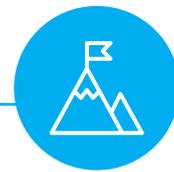
Lastly, I thank the communities we work with for the trust they have in us and for providing invaluable information, suggestion and feedback which is a key driving force for Rizwan Adatia Foundation.

Best Wishes,
Rizwan Adatia



ABOUT RIZWAN ADATIA FOUNDATION

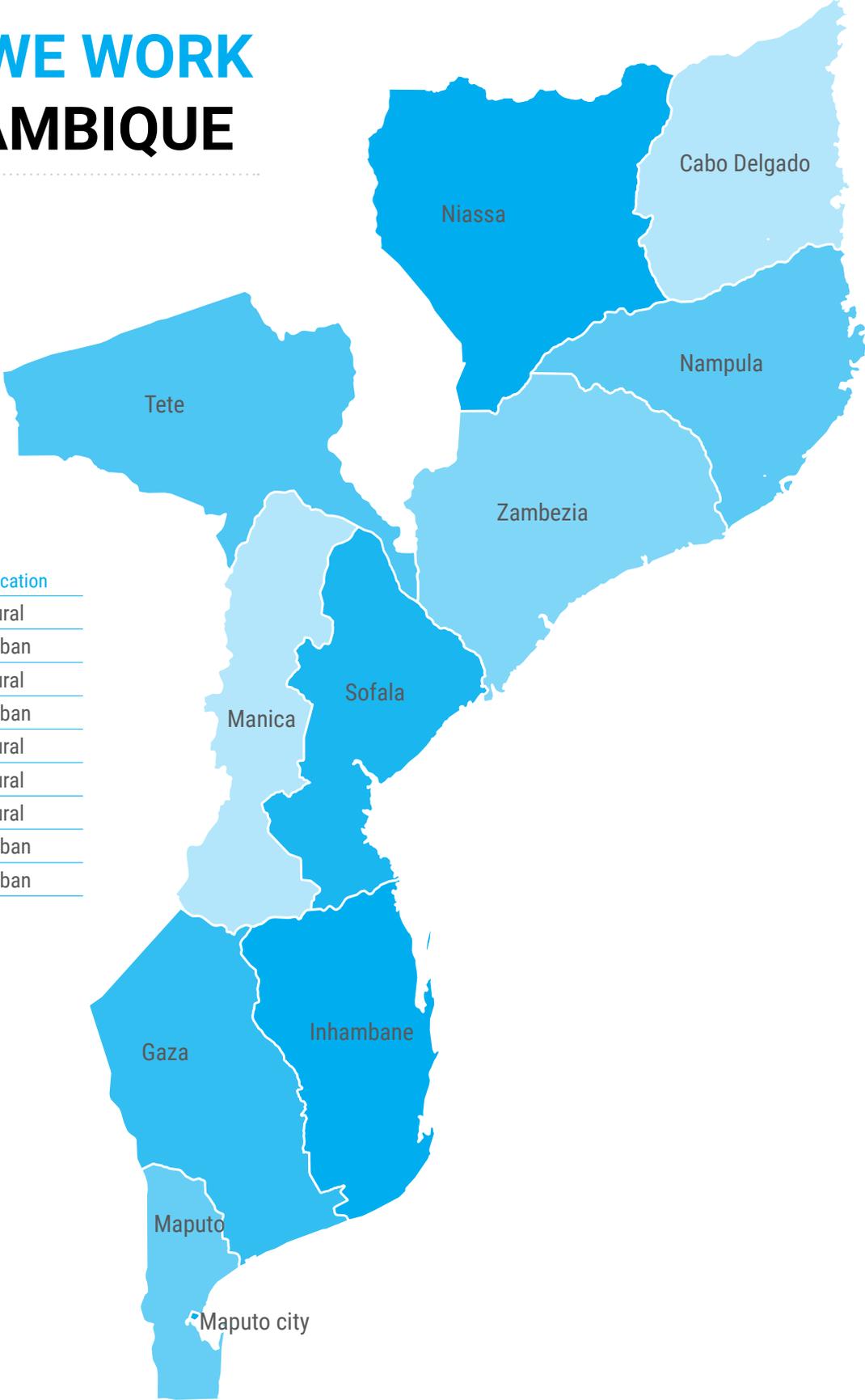
Established in 2015, Rizwan Adatia Foundation's core philosophy is to encourage self-reliance through sustained access to productive roles and resources and building resilience through prosperous and adaptable communities. Our partnerships and initiatives are grounded on the belief that access to quality education and healthcare, fulfilment of human potential and the assurance of good governance are indispensable to improving the quality of life. We work with local communities, civil societies, private and government agencies to promote innovative and impactful development solutions in Asia and Africa. RAF currently reaches out to more than 1 million lives in Asia and Africa, in the process creating an encouraging environment where all stakeholders contribute towards a shared vision and accomplish results.



MISSION

RAF strives to achieve the improvement in the quality of life of marginalised and disadvantaged communities in focused geographical areas across Asia and Africa, by making appropriate and strategic investment in the sectors of health, education, livelihoods, along with harnessing human potential.

WHERE WE WORK IN MOZAMBIQUE



Name of Province	Location
Maputo	Rural
Sofala (Beira)	Urban
Nampula	Rural
Maputo City	Urban
Cabo Delgado	Rural
Gaza	Rural
Inhambane	Rural
Manica (Chimoio)	Urban
Zambezia (Quelimane)	Urban

INTERVENTIONS IN MOZAMBIQUE

Operational since 2015, RAF in Mozambique has implemented as well as supported a range of programmes in healthcare, nutrition, education, skill development and entrepreneurship (for women, youth and the differently abled) and humanitarian response.



In the year 2015, RAF supported various initiatives¹ in and around Gorongosa National Park, Sofala province that mobilised communities for sustainable living and conservation. In Intaka and Namacha, it constructed classrooms, toilet blocks and staff room. In Matola, it constructed pre-school for children while in Maputo province, it provided food support to 6 ECD centres where more than 300 children were enrolled. In Chimoi, it supported 12 local organisations with food support to feed orphan children who visited the orphanages on regular basis. Intervening on the issue of access to safe water for domestic purposes in the provinces of Maputo and Inhambane, RAF implemented its Borehole project, reaching out to nearly 11,000 underserved residents.

¹ Donation of sewing machines to improve income earning opportunities of women, school kits for children and installation of solar panels at the community level



Thereafter, the spread and depth of interventions have further gained strength, year after year. In the area of skilling and employment, RAF's vocational training centre - Centre of Aspiration for Youth in Mozambique (CAYM) in Machava, Maputo province has successfully trained 4 batches of students in various trades with the aid of proper curriculum, linked them up with specialised agencies for placement and has benefited over 5880 trainees until 2019. The Banca (Micro-Finance) project that was designed to support communities to start their own small business with grant or loan assistance and training, has reached over 600 young entrepreneurial women and youth and encouraged them to cultivate savings and loan repayment practices. Distribution of sewing machines (683) to associations, churches and students² has been another important effort of RAF in assisting women and youth to become self-reliant.



² Trainees of tailoring course at Centre of Aspiration for Youth in Mozambique



Through its Water, Sanitation and Hygiene (WASH) and Nutrition initiatives, RAF has demonstrated good results in improving quality of lives of marginalised and underserved communities. By the end of 2019, 42 boreholes were rehabilitated and repaired, providing clean drinking water and basic sanitation to over 56,700 inhabitants in several provinces. Training on menstrual hygiene and awareness for adolescent girls has been provided to 17,160 participants in Maputo, Gorongosa and Beira, besides raising awareness level of school children on hand-washing practices. RAF's food support to ECD centres and Orphanages has benefitted 16,944 children while its BHOJAN project (initiated in December, 2018) has distributed 51,000 freshly cooked and served

meals to old age homes like *Jose Macamo* and Orphanage like *Hysessaka* catering to the elderly and street children respectively.

Through RAF's health interventions, 13,500 people received free consultations, medicines and underwent medical diagnosis during the 10 health camps organised from 2017 until 2019. Mozambique has a large number of cataract cases among the elderly population that involve high cost surgeries in private hospitals (approximately, USD 110-130) and long waiting period for surgeries in public hospitals (up to 5-7 years). RAF has established network with Hospital Central (Maputo), Hospital Geral Mavalene, Hospital Geral Jose Macamo, Hospital Provincial (Matola), Ministry of Health, Department of Ophthalmology and several donors to facilitate cataract surgeries of over 3400 patients as well as, imported prescribed medical and surgical supplies from Bombay Eye Institute and Research Centre, India for distribution in the above hospitals thus resulting in lower cost per surgery. Besides, it has supported intensive training of 24 Mozambican ophthalmologists in South Africa and sent 2 doctors to India at RAF's cost as an effort to strengthen trained human resources in the medical field.



To address hearing impairment in the project population, RAF worked with Entheos Audiology Cooperative, U.S.A and the Ministry of Health to



attend to over 1,415 hearing impaired patients who were fitted with hearing aid devices, covering 3 southern provinces of Maputo, Gaza and Inhambane through 3 campaigns carried out from 2017 until 2019. In the area of Cleft and Palate surgeries, RAF collaborated with Operations Smile, reaching out to over 671 patients, mostly children in Quelimane and Nampula through 4 life transforming campaigns.

In the area of education, RAF has worked closely with the Ministry of Education (Mozambique), Provincial Government of Gaza, Department of Education (Namacha) and UNESCO for improving access to quality education. School infrastructure development (at primary and pre-primary levels), pedagogy development and teachers' training at pre-primary level, computer literacy and provisioning of school books, kits and learning materials have been the key interventions in disadvantaged locations. It is worthy to note that RAF has several school and ECD related interventions in the Gorongosa district- an area where over 50 schools are operating out of temporary shelters. In 2018, RAF constructed the Nhansole Primary School in Cheringoma, Gorongosa catering to 400 children. Since 2015 until 2019 RAF constructed 5 new primary schools, rehabilitated 3 schools and distributed 21,800 school books and 9,065 school kits in the provinces of Maputo, Gaza, Nampula and Cabo Delgado.

RAF has worked on humanitarian responses in Mozambique with partners such as AMURT and donors like Dhrolia Foundation. It coordinated with INGC representatives in Nampula and handed over 500 food kits for families affected by cyclone Kenneth in Cabo Delgado province, in 2019. The same year, it distributed 7600 food kits to cyclone Idai affected families in Beira and other affected areas, reaching out to 38,000 beneficiaries.



From 2015 until end of 2019, approximately 250,000 beneficiaries received support through the various programmes run by RAF in Mozambique.

RAF PROGRAMMES IN 2020



The year 2020 was an unprecedented one for Mozambique as for rest of the world. During the first quarter of the year, Covid-19 pandemic outbreak was reported in parts of the world, and soon spread across continents. Similar to the experiences around the world, in Mozambique too, the contagion resulted in disruptions in daily routine, mobility and employment. Implementation of RAF programmes too, were affected for a few months due to the requirement to maintain Covid-19 related protocols. RAF's efforts and commitment towards improving the Quality of Life of target communities despite the emerging challenges, has to be seen in this backdrop.

RAF-Mozambique has 4 Key Thematic Programme Areas namely,



1. Health System Strengthening



2. Education System Strengthening



3. Economic Inclusion



4. Humanitarian Response

During the year 2020, RAF had project interventions across the 9 provinces of Maputo (rural), Maputo city (urban), Sofala (Beira), Nampula, Cabo Delgado, Gaza, Inhambane, Manica (Chimoio) and Zambezia (Quelimane). The table below provides a snapshot of sectoral interventions in these provinces.

PROJECT LOCATIONS

S.No	Name of Province	Intervention	Location
1	Maputo	Education, Livelihood & Health	Rural
2	Sofala (Beira)	Health	Urban
3	Nampula	Health	Rural
4	Maputo City	Education, Livelihood & Health, Humanitarian response to Covid-19	Urban
5	Cabo Delgado	Humanitarian response	Rural
6	Gaza	Education, Livelihood & Health	Rural
7	Inhambane	Education, Livelihood & Health	Rural
8	Manica (Chimoio)	Health	Urban
9	Zambezia (Quelimane)	Health	Urban



OUR REACH

S.No	Project Name	No.of Beneficiaries
1	Borehole Rehabilitation	17,600
2	Cataract Surgeries	600
3	Mask Distribution	5936
4	Health Camps for Olam International (Mozambique)	1541
5	Handing over of Baby Blankets	1025
6	Distribution of Jackets	1116
7	Health & Safety Trainings	846
8	Distribution of Covid-19 materials (temperature guns, disposable suits, N95 masks, 3 ply masks, plastic helmet, goggles)	Not specified as these were handover to country-wide hospitals
9	Sessions on Corona virus	460 attendees
10	Eye Camps	127
11	Distribution of Food kits	250
12	BHOJAN Food distribution	70
13	Donation of Sewing Machines	35
14	World Hearing Day	100
15	Wheelchair donation	8
16	Birthday celebration	200
17	Christmas celebration	100
	Total Beneficiaries	30,014



HEALTH SYSTEM STRENGTHENING

Eye Camp

RAF (in partnership with Maputo Optometristas Lda) organises periodic eye health services for rural population, targeting especially the senior citizens. Such services are concentrated in urban areas of high population density and involve long-distance travel for rural residents, thus making the service inaccessible particularly for the visually impaired. Unaccompanied travel to long distances also present different barriers for men and women that limits service uptake. RAF's eye camps plug the critical gap by providing services in proximity to the habitats of the rural, underprivileged communities.

The camps also screen people for cataract and link them with surgeries if required. In the year 2020, RAF in collaboration with H.C.M, Dr. Ajay Varma and team has held 2 eye testing camps at Cenhamerav Association and Escola Primaria de Lingamo, Matola where 127 senior citizens benefited from the tests. During the camps, 300 eye drop bottles donated by Afri Farmacia were utilised for the patients.

Cataract Surgery

In the past years, RAF made good progress in the area of cataract intervention. Cataract is a curable disease which due to delay in treatment and negligence, results in loss of eye sight. RAF facilitated surgeries of deserving poor patients who were waitlisted for long period of time, thus saving them for blindness. Repair of Phaco machine made glaucoma surgery possible, training of local Ophthalmologists built resources for the Mozambican community and RAF's effective partnerships with Ministry of Health, Department of Ophthalmology, Bombay City Eye Institute and Research Centre translated into import of medicines and surgical supplies from India, thus





reducing the cost of cataract surgeries by one-third of the cost and benefitting more patients.

While cataract surgeries are conducted throughout the year, in 2020 these had to be temporarily stopped due to rise in the number of Covid-19 cases. Overall, RAF managed to facilitate 600 surgeries in Maputo, Xai Xai and Gaza regions at different hospitals, through support of donors like Lucky Trading and Melhor Commercial Lda.

Borehole Rehabilitation and Construction

RAF's borehole project is focused on making clean, potable water available for local communities for drinking, domestic consumption and agriculture related work. Through this intervention, RAF has been addressing issues of hand-washing, sanitation and hygiene, control of water borne diseases and also reducing drudgery of women and reducing the time children spend on fetching water for the household so that they can attend school. The location for project intervention is identified by RAF's implementing partner (such as AMURT) in consultation with the Provincial Directorate of Public Works in Gaza province and follows the criterion of covering at least 500 residents at a location. In the year 2020, total of 10 new boreholes were rehabilitated through the donation of Embassy of Portugal and AMINA (Aktiv für Menschen in Not Austria), benefiting 17,600 people.

BHOJAN Project

Malnutrition is a major contributor of death among vulnerable groups such as orphaned children and the elderly people, particularly in resource impoverished settings. The Government in Mozambique has set up a large number of shelter homes for orphaned children and abandoned elderly population and several of these institutions



face resource crunch due to which providing consistently high quality food to these groups is challenging. RAF-Mozambique therefore targeted an orphanage and an old age home, got the authorisation from Ministério de Ação Social and started Bhojan Project in 2018, to provide freshly cooked nutritious food to the inmates. It has been observed that the intervention has contributed to the overall health and of the inmates. In 2020, RAF distributed 21,064 meals at Casa de Idosos Nhanguene and 12,734 meals at HYASSEKA orphanage. The service had to be temporarily stopped during the pandemic as per Government rules and later, resumed. Individual donors also have the option of distribution of cakes and bakery items on special occasions as well as, transfer funds for same purpose, through Mpesa.



Health Camp for Olam International

As a step in the direction of encouraging corporate entities to invest part of their revenue in the well-being of their workers, their families and in catchment area communities around mines, factories, oil fields etc. RAF has involved itself in a novel project with Olam International, Mozambique. In 2020, it coordinated 3 health camps in the regions of Maputo, Beira and Monapo whereby, 1541 Olam's workers underwent a range of tests and services (carried out by Government affiliated medical professionals) related to HIV, nutrition, physiotherapy, blood donation, cataract, oral health, blood pressure, maternal child and related health issues, disease prevention and counselling. Carried out with the support of Ministry of Health, it was a very successful initiative to make corporate entities contribute in improving public health of underserved areas and promote a culture of investing in preventive healthcare.

Distribution of Baby Blankets, Jackets and Wheelchairs

Over the last 5 years (2015-19), rural poverty in Mozambique appears to be on the rise, due to the crisis generated by decreasing FDI, natural disasters and military attacks in the north

and centre of Mozambique. According to the Ministry of Economy and Finance, the number of Mozambicans living in extreme poverty has risen from 16.7 to 18.2 million people.

RAF identifies far flung, under resourced, rural hospitals to strengthen the public healthcare delivery and related services to the communities. It has been observed that due to material poverty as well as lack of awareness in caring for new born; mothers and other caregivers need additional support in this area. New born babies cannot regulate their body temperature as effectively as adults, causing quick heat loss. Keeping new born babies warm helps them stay healthy and comfortable. RAF therefore provides new baby blankets to needy and pregnant women at select hospitals. A total of 1025 baby blankets were distributed during 2020.

Similarly, RAF also recognises the additional requirements of the elderly people devoid of shelters or surviving with limited basic amenities. The foundation distributes warm jackets to such social and economic groups before the winter every year, to help them cope better. The donated material is received from a packaging unit of clothes, and is coordinated by a Good Samaritan and well wisher of RAF. A total of 1116 jackets have been distributed during 2020.

To enhance mobility of the specially abled elderly and children, RAF has also distributed 8 wheelchairs during the year 2020.

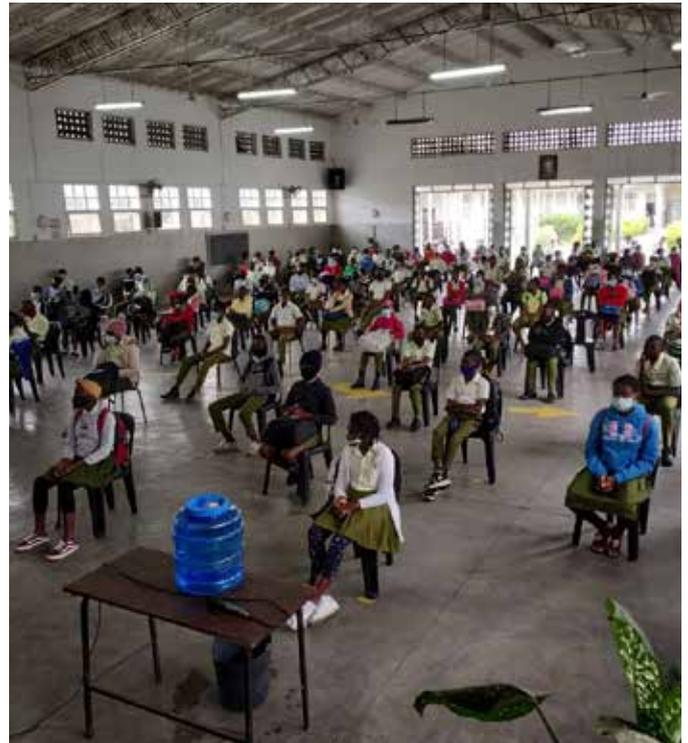




EDUCATION SYSTEM STRENGTHENING

With schools closed due to the pandemic, the school infrastructure development related work and distribution of learning materials in schools could not be carried out in Mozambique. Within the ambit of what was possible, RAF organised a range of Health and Safety trainings to school children. The foundation had developed these trainings few years back to sensitise school age children and adolescents of the primary and secondary schools of the province and City of Maputo. The key emphasis in these trainings has been on hand-washing practices and its significance in daily life, hygiene and menstrual health for adolescent girls, and finally on road safety (understanding the traffic signals in order to know how to cross the road safely). These activities are carried out in partnership with the Provincial Directorate of Health and the National Institute of Land Transport (INATTER).

A total of 846 students gained awareness during these trainings, components of which were found particularly relevant during the pandemic (for e.g proper hand-washing in order to reduce infections



and understanding the need to use sanitary pad during menstruation as well as, learning to know how to make affordable cloth pads)



ECONOMIC INCLUSION

RAF has supported women and youth in the areas of gaining technical skills through vocational training courses and also become self-reliant and self-employed through assets like a sewing machine. When most developing countries are struggling with employment and job creation

for citizens, self-employment is being considered as another mechanism to strengthen livelihoods and financial independence. In the year 2020, RAF identified widowed women, adults or family with no income and donated them sewing machines (35 in total) as a means for income generation.



HUMANITARIAN RESPONSE

Food Kits

It is estimated that at present, 25 percent of the population in Mozambique suffers from hunger or malnourishment. The requirement for food aid also increased significantly in the recent years (2017 and 2018). The World Food Programme provided assistance to over 815,000 people in need in 2017 and 2018 (during the drought that affected the country). In 2017 (pre Covid-19 period), 46.1% of Mozambicans were living below the poverty line. During the pandemic as life temporarily came to a standstill and household income was severely impacted, the percentage of people living below the poverty line is likely to have increased further. Under such circumstances, RAF started an initiative of distributing Food Kits to protect families from falling into starvation.

On 22nd July 2020, RAF donated 250 food kits to

the elderly population of Association Cenhameruv in the presence of the First Lady, Isaura Nuysi, wife of the Governor of provincia de Maputo - Naidy parruque, Administrator of Matola district - Anastacia Quitane and other dignitaries.

The distribution of food kits is a common intervention of RAF during/after natural calamities, epidemic and unforeseen emergencies. The intervention provides relief to the beneficiaries from the stress of finding food during difficult times.

Production and Distribution of Masks

RAF initiated mask production activity at CAYM (Centre of Aspiration for Youth of Mozambique) at the beginning of the pandemic. A total of 5936 masks were made by the students and distributed at community hubs such as bus stops, street





vending areas etc. The beneficiaries were also made aware of the correct way of wearing masks to appropriately cover the mouth and nose.

Awareness generation activities

On 17th March, 2020 RAF team conducted an awareness session on safety measures with respect to Covid-19 virus, early detection and understanding how it spreads. 460 students at the Escola Primaria Completa do Alto Mae in Maputo attended the training. On 13th October, 2020 the foundation organised a painting competition at Kanimambo and Ntwananu schools on the theme of 'Methods of Prevention of Covid-19'.

Distribution of Covid-19 related items at Medical facilities

RAF supported several medical facilities in Maputo city and the provinces of Maputo, Gaza, Nampula, Zambezia, Manica & Sofala and Inhambane with donated items including Infrared thermometers, disposable protection gears and goggles for doctors as well as N95 and 3 ply masks and face shields. As an expression of solidarity as well as because of its belief in making strategic interventions, RAF considered it utmost important to work with public health systems during the pandemic.

EVENTS

The year saw several celebrations and observance days in RAF, Mozambique.



On 3rd October 2020, RAF team celebrated the Senior Citizens' Day at Centro Aberto dos Idosos Magoanine- C along with 100 senior citizens and Government representation. During the event, 2 wheelchairs were donated to aid movement of deserving beneficiaries.

On 15th October 2020, RAF team celebrated the World Hand Washing Day, where hand washing related information and good practices were shared with 30 students from the Kanimambo and Ntwananu schools. The 3 winners from a painting competition on the theme of COVID 19 were awarded prizes, while complimentary hand washing kits were provided to all students.



On 12th December 2020, RAF team in collaboration with OPI, celebrated the completion of 2nd year of BHOJAN project at Katembe, with 70 senior citizens.

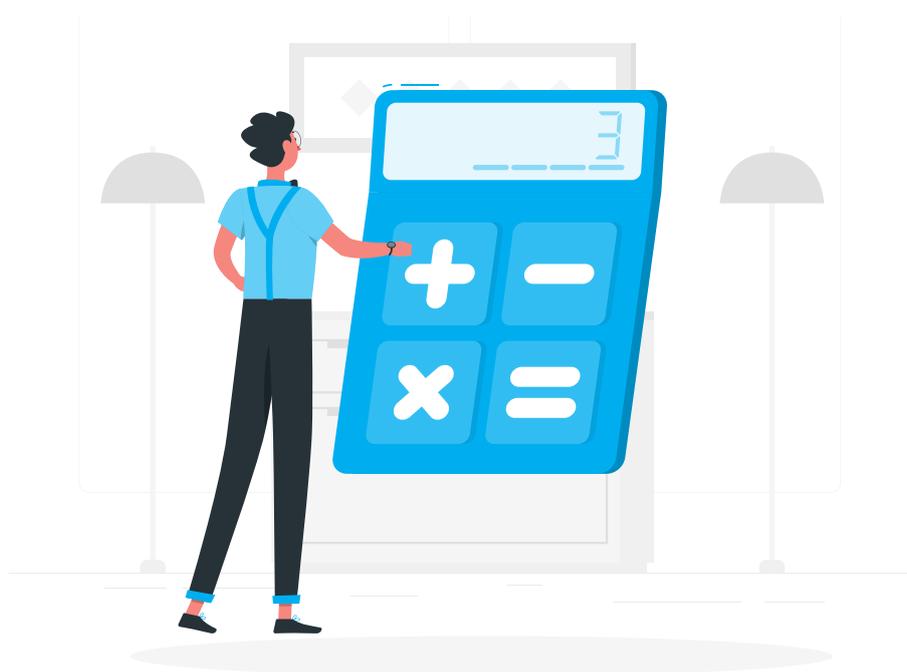


On 23rd December 2020, RAF team celebrated Christmas festivities with 50 special children in Bairro Zimpeto. The children were a happy lot to receive the Christmas presents.

FINANCIALS

During the year 2020, the total programme expenditure was 4,817,362 Meticaais. It is important to note that during this period, RAF's major investment has been in community health through various interventions. Overall, the intervention wise expenditure is listed below

S.No	Intervention Area	Expenditure (in Meticaais)
1	Covid-19 Accessories Donations	1,025,997
2	Health Camps	432,420
3	Cataract Camps	1,400,000
4	BHOJAN project	1,096,497
5	CAYM Skill Development	234,448
6	Borehole Project	628,000
	Total	4,817,362



ACKNOWLEDGMENT OF DONORS AND PARTNERS

RAF thanks its individual donors who committed funds during the extraordinary pandemic situation created by Covid-19 infection. It is with their support that RAF could undertake additional humanitarian work to help communities and Government institutions fight the pandemic. RAF Mozambique's institutional donors and programme partners are its pillars of strength who believe in its vision and mission and work with the organisation for sustained lasting change in the quality of lives of people in Mozambique. We express our gratitude in particular, to the following institutional donors and programme partners for the year 2020.

CIM	Darling Ida	Lucky SA	Rechio Cash & Carry
Melhor Comercial	Portugal Embassy	AMURT Bytes	Afri Farmacia
Ministry of Health	Ministry of Education	Maputo Optometristas Lda	Fizz
Techno Construct Lda	Lucky Trading Lda	INATTER	AMINA - Aktiv für Menschen in Not Austria
Bytes			



RAF's support to a Health Centre during Covid-19 pandemic



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